## 582 3 OCTOBER 2001 HIKE

LEADERS: Walt & Jeanne Bockwoldt (818-348-9042)(jbwrv@escapees.com)

DISTANCE: Approx. 4 miles round trip (plus + 2.4 miles RT to old cabin + 2.4 miles RT to view of hidden valley)

ELEVATIONS: 800 to 872 to 460 to 900 to 1000 to 1060 to 800 (old cabin 1000 to 1460 and view of hidden valley 1060 to 1460)

TOTAL GAIN: 672 feet (+ 460 feet to old cabin and/or + 400 feet to view of hidden valley)

POISON OAK: X marks locations on map (just before water fall, at water fall and at old cabin)

DRIVE TO 1) Go west on the Ventura Freeway (101)

TRAILHEAD:2) Get off freeway at Lynn Road (go south – cross freeway)

3) Continue West On Lynn Road

4) Turn left at Via Goleta – enter park

5) Drive to last parking lot (large - no permits required)

HIKE: 1) Start by going west to reach Big Sycamore Canyon Trail

2) Right on Big Sycamore Canyon Trail

3) At bottom of hill – go left on Upper Sycamore Canyon Trail

4) Continue until reaching "Waterfall"

5) ALTERNATE #1 – A short distance from "Waterfall" take 1.2 mile trail to "Old Cabin" and return

6) Leave "Waterfall" and go on "Boney Mountain Trail"

7) ALTERNATE #2 – Go on "Hidden Valley Overlook Trail for about 1.2 miles and return

8) Go right at junction of Salwiwa trail (or could continue to "Big Sycamore Canyon Trail)

9) Return on previous trails to parking lot

EAT: Walk to left (north) on short trail that leads to several park buildings. There are about 5 tables (some shady) near the ranger house.